

Elswick Harriers

2024 Norman Woodcock Relay Race



Rank	Race Number2	Running Club Name	Runner's Name	Gender	Age Category	Time
1	70C	Morpeth Harriers1	Tom Balsdon	Male	Senior	00:08:03
2	83C	Sunderland Harriers2	Steve Rankin	Male	Vet40	00:08:04
3	59C	Tyne Bridge Harriers 1	Tom Charlton	Male	Senior	00:08:08
4	59A	Tyne Bridge Harriers 1	Zak Kettle	Male	Senior	00:08:09
5	10A	Heaton Harriers 1	Fred Davies	Male	Senior	00:08:13
6	82A	Sunderland Harriers1	Craig Gunn	Male	Senior	00:08:14
7	60A	Tyne Bridge Harriers 2	Paul O'Mara	Male	Senior	00:08:17
8	10C	Heaton Harriers 1	Louis Head	Male	Senior	00:08:19
9	66C	Low Fell1	Josh Thomas	Male	Senior	00:08:22
10	70A	Morpeth Harriers1	Liam Ramsay	Male	Senior	00:08:25
11	47A	Gosforth Harriers1	Al Johnson	Male	Vet50	00:08:26
12	11A	Heaton Harriers 2	Matt Steanson	Male	Senior	00:08:27
13	1A	Elswick Harriers 1	David Bell	Male	Vet40	00:08:28
14	83A	Sunderland Harriers2	Sam Thurlbeck	Male	Vet40	00:08:36
15	66A	Low Fell1	Michael Dennison	Male	Vet50	00:08:37
16	2A	Elswick Harriers 2	Imogen Bungay	Female	Senior	00:08:38
17	38A	Crook and District 1	Alex Hird	Male	Senior	00:08:40
18	28A	North Shields Poly 5	Chris Scott	Male	Vet40	00:08:41
19	71C	Morpeth Harriers2	Dave Stabler	Male	Vet40	00:08:41
20	1C	Elswick Harriers 1	Andrew Bell	Male	Vet40	00:08:42
21	5C	Claremont Road Runners 1	Harry Mawdsley	Male	Senior	00:08:44
22	49C	Gosforth Harriers3	maurice Bourke	Male	Senior	00:08:45
23	5A	Claremont Road Runners 1	Mark Anderson	Male	Vet50	00:08:46
24	12C	Heaton Harriers 3	Charlie McVickers	Male	Senior	00:08:51
25	12A	Heaton Harriers 3	Oscar Reid	Male	Senior	00:08:52
26	60C	Tyne Bridge Harriers 2	Ben Ward	Male	Senior	00:08:52
27	24A	North Shields Poly 1	Guy Bracken	Male	Vet60	00:08:53
28	16C	Heaton Harriers7	Rupert Jordan	Male	Vet40	00:08:54
29	49A	Gosforth Harriers3	Alex Rhodes	Male	Senior	00:08:56
30	64A	Tyne Bridge Harriers 6	Alasdair Blain	Male	Vet40	00:08:57
31	32C	Blaydon Harriers 1	James Dias	Male	Senior	00:08:57
32	2C	Elswick Harriers 2	Jonathan Rewcastle	Male	Senior	00:08:59
33	13A	Heaton Harriers4	Andy Lovell	Male	Senior	00:09:00
34	50A	Gosforth Harriers4	edward watson	Male	Senior	00:09:06
35	67A	Low Fell2	Richard Conder	Male	Vet40	00:09:06
36	1B	Elswick Harriers 1	Justina Heslop	Female	Vet40	00:09:06
37	10B	Heaton Harriers 1	Jo Woodcock	Female	Senior	00:09:10
38	70B	Morpeth Harriers1	Poppy Buck	Female	Senior	00:09:10
39	32A	Blaydon Harriers 1	Charlie Toogood	Male	Senior	00:09:14
40	19A	Heaton Harriers10	Dan Hodges	Male	Vet40	00:09:15
41	50C	Gosforth Harriers4	lewis proud	Male	Senior	00:09:19
42	84A	Sunderland Harriers3	Michael Edwards	Male	Vet40	00:09:19
43	72C	Morpeth Harriers3	Jason Dawson	Male	Vet50	00:09:21
44	54A	Ashington Hirst RC2	Sean Henderson	Male	Senior	00:09:21
45	3A	Elswick Harriers 3	Aiden Jones	Male	Senior	00:09:22
46	61A	Tyne Bridge Harriers 3	Simon Hall	Male	Senior	00:09:22
47	11C	Heaton Harriers 2	Calum Mills	Male	Senior	00:09:22
48	4C	Elswick Harriers 4	David Jones	Male	Vet40	00:09:26
49	78A	Ponteland RC1	Mark Lyon	Male	Senior	00:09:26
50	59B	Tyne Bridge Harriers 1	Becky Blain	Female	Senior	00:09:27
51	82C	Sunderland Harriers1	Ben Anderson	Male	Senior	00:09:27
52	2B	Elswick Harriers 2	Chris Smallwood	Male	Senior	00:09:27
53	16A	Heaton Harriers7	Glen Rae	Male	Vet40	00:09:29
54	82B	Sunderland Harriers1	Grace Carroll	Female	Senior	00:09:30
55	37C	Blaydon Harriers 6	Isaac Dunn	Male	Senior	00:09:31
56	51A	Gosforth Harriers5	callum akhtar	Male	Senior	00:09:32
57	60B	Tyne Bridge Harriers 2	Sarah Platten	Female	Senior	00:09:33

58	39A	Crook and District 2	Andrew Dolan	Male	Senior	00:09:34
59	32B	Blaydon Harriers 1	Ellie Fellows	Female	Senior	00:09:34
60	71A	Morpeth Harriers2	Andriy Volkov	Male	Senior	00:09:35
61	61C	Tyne Bridge Harriers 3	Anthony Tait	Male	Senior	00:09:36
62	71B	Morpeth Harriers2	Robyn Bennett	Female	Senior	00:09:39
63	80A	Ponteland RC3	Neil Ward	Male	Vet50	00:09:40
64	18A	Heaton Harriers9	Chris George	Male	Vet40	00:09:42
65	39C	Crook and District 2	Ben Etherington	Male	Senior	00:09:43
66	13C	Heaton Harriers4	Luke O'Neill	Male	Senior	00:09:44
67	9A	Claremont Road Runners 5	Jamie Armstrong	Male	Senior	00:09:45
68	54C	Ashington Hirst RC2	Dan Craig	Male	Senior	00:09:45
69	3C	Elswick Harriers 3	Joe Horner	Male	Senior	00:09:47
70	67C	Low Fell2	Ben Alcock	Male	Vet40	00:09:48
71	52A	Gosforth Harriers6	alex thompson	Male	Senior	00:09:51
72	30A	North Shields Poly 7	Ollie Oldham	Male	Senior	00:09:54
73	72A	Morpeth Harriers3	Richard Glennie	Male	Vet40	00:09:55
74	37B	Blaydon Harriers 6	Beth Bradford	Female	Senior	00:09:56
75	84C	Sunderland Harriers3	Steven Gordon	Male	Vet50	00:09:57
76	38C	Crook and District 1	Andy Simpson	Male	Senior	00:09:57
77	20A	Heaton Harriers11	David Slater	Male	Vet50	00:09:57
78	34A	Blaydon Harriers 3	Phil McGuire	Male	Vet40	00:09:57
79	4A	Elswick Harriers 4	John Rippon	Male	Vet60	00:09:58
80	53A	Ashington Hirst RC1	Scott Wilkes	Male	Vet50	00:09:58
81	28C	North Shields Poly 5	Charlie Townsend	Male	Vet40	00:09:58
82	47C	Gosforth Harriers1	Simon daniels	Male	Vet50	00:09:58
83	61B	Tyne Bridge Harriers 3	Zoe Thompson	Female	Senior	00:09:59
84	51C	Gosforth Harriers5	chris williams	Male	Senior	00:10:01
85	45A	Birtley AC2	Stephen Brownless	Male	Vet40	00:10:01
86	11B	Heaton Harriers 2	Louise Mercer	Female	Senior	00:10:03
87	26A	North Shields Poly 3	Ruth Oldham	Female	Vet50	00:10:03
88	48C	Gosforth Harriers2	Neil Ramsay	Male	Vet50	00:10:04
89	47B	Gosforth Harriers1	Anna fletcher	Female	Vet50	00:10:06
90	5B	Claremont Road Runners 1	Sarah Kerr	Female	Vet40	00:10:08
91	17A	Heaton Harriers8	Andy Burden	Male	Vet40	00:10:09
92	26B	North Shields Poly 3	Ivan Thorn	Male	Vet50	00:10:09
93	64C	Tyne Bridge Harriers 6	Andy Chiu	Male	Vet40	00:10:10
94	19C	Heaton Harriers10	Mark Sutherland	Male	Vet40	00:10:12
95	13B	Heaton Harriers4	Charlotte Redhead	Female	Senior	00:10:14
96	73C	Morpeth Harriers4	Neil MacAnany	Male	Vet60	00:10:16
97	49B	Gosforth Harriers3	Emma Ashman	Female	Senior	00:10:17
98	50B	Gosforth Harriers4	hannah wightman	Female	Senior	00:10:17
99	37A	Blaydon Harriers 6	Tim Nichol	Male	Senior	00:10:18
100	64B	Tyne Bridge Harriers 6	Rachel Turnbull	Female	Vet40	00:10:19
101	69C	Low Fell4	Matthew Sinclair	Male	Senior	00:10:20
102	40A	Crook and District 3	Matthew Brimm	Male	Vet40	00:10:20
103	34C	Blaydon Harriers 3	Michael Friberg	Male	Vet40	00:10:21
104	14A	Heaton Harriers5	Robert Rhodes	Male	Senior	00:10:22
105	20C	Heaton Harriers11	James Leitch	Male	Vet50	00:10:22
106	80C	Ponteland RC3	Gavin Townsend	Male	Vet60	00:10:24
107	45B	Birtley AC2	Helen Arrowsmith	Female	Vet40	00:10:24
108	55A	Ashington Hirst RC3	Luke Wandless	Male	Senior	00:10:26
109	48B	Gosforth Harriers2	Joanne Denholm	Female	Vet50	00:10:29
110	38B	Crook and District 1	Amy Etherington	Female	Senior	00:10:30
111	29C	North Shields Poly 6	Simon Ebbitt	Male	Vet40	00:10:32
112	44C	Birtley AC1	Paul McVittie	Male	Vet40	00:10:32
113	53C	Ashington Hirst RC1	Iain Singer	Male	Vet50	00:10:33
114	40C	Crook and District 3	Chris Dobson	Male	Vet40	00:10:35
115	78B	Ponteland RC1	Beth Lach	Female	Senior	00:10:35
116	46A	Birtley AC3	David Francis	Male	Vet50	00:10:36
117	39B	Crook and District 2	Lisa Donaldson	Female	Senior	00:10:36
118	74C	Prudhoe Plodders 1	Seamus Kelleher	Male	Vet40	00:10:37
119	29A	North Shields Poly 6	Matt Gould	Male	Vet40	00:10:38
120	17C	Heaton Harriers8	Scott McEntee	Male	Vet40	00:10:39
121	69A	Low Fell4	Colin Greenwell	Male	Vet60	00:10:40

122	84B	Sunderland Harriers3	Charlotte Stidolph	Female	Senior	00:10:41
123	7A	Claremont Road Runners 3	Tom Tinsley	Male	Vet60	00:10:42
124	41A	Crook and District 4	Peter Coser	Male	Vet50	00:10:43
125	68A	Low Fell3	Danny Wade	male	Vet40	00:10:43
126	3B	Elswick Harriers 3	Cath Lowes	Female	Vet40	00:10:44
127	21A	Heaton Harriers12	Dave Dale	Male	Vet50	00:10:45
128	83B	Sunderland Harriers2	Kay Stephenson	Female	Vet40	00:10:46
129	68C	Low Fell3	Paul Iredale	male	Vet50	00:10:48
130	62C	Tyne Bridge Harriers 4	Adeline Bourgenot-Lewis	Female	Senior	00:10:48
131	45C	Birtley AC2	Paul Agnew	Male	Vet50	00:10:49
132	16B	Heaton Harriers7	Sarah Lemon	Female	Vet40	00:10:49
133	28B	North Shields Poly 5	Quynh Nguyen	Female	Vet40	00:10:49
134	55C	Ashington Hirst RC3	Rob Bulmer	Male	Senior	00:10:50
135	27A	North Shields Poly 4	Alison Smith	Female	Vet50	00:10:50
136	74A	Prudhoe Plodders 1	Richard Heslop	Male	Vet40	00:10:51
137	51B	Gosforth Harriers5	sylvia moffatt	Female	Vet50	00:10:52
138	73A	Morpeth Harriers4	Dave Nicholson	Male	Vet60	00:10:53
139	36C	Blaydon Harriers 5	Paul Young	Male	Vet50	00:10:54
140	24B	North Shields Poly 1	Norman De Bruin	Male	Vet60	00:10:55
141	33B	Blaydon Harriers 2	Emma Cartwright	Male	Senior	00:10:56
142	12B	Heaton Harriers 3	Laura Percy	Female	Senior	00:10:56
143	46C	Birtley AC3	Paul Brennan	Male	Vet50	00:10:58
144	17B	Heaton Harriers8	Helena Walsater	Female	Vet40	00:11:00
145	34B	Blaydon Harriers 3	Eden Ratcliffe	Female	Senior	00:11:01
146	79C	Ponteland RC2	Mike Waring	Male	Vet40	00:11:02
147	56A	Ashington Hirst RC4	Martin Blakelock	Male	Vet40	00:11:02
148	22A	Heaton Harriers13	Willard Wright	Male	Vet60	00:11:04
149	76C	Saltwell Harriers1	Michelle Connelly	Female	Senior	00:11:05
150	78C	Ponteland RC1	Andrea Simmons	Female	Senior	00:11:06
151	76A	Saltwell Harriers1	Steve Ayling	Male	Vet40	00:11:06
152	27C	North Shields Poly 4	Mark Dutton	Male	Vet50	00:11:06
153	33C	Blaydon Harriers 2	Rosie Bunney	Female	Senior	00:11:10
154	6B	Claremont Road Runners 2	Sonja Fenske	Female	Senior	00:11:11
155	36A	Blaydon Harriers 5	Garry Russell	Male	Senior	00:11:12
156	44A	Birtley AC1	Craig Crompton	Male	Senior	00:11:12
157	72B	Morpeth Harriers3	Sophie Ward	Female	Vet40	00:11:12
158	62B	Tyne Bridge Harriers 4	Claire Norman	Female	Senior	00:11:13
159	6A	Claremont Road Runners 2	Holly Porter	Female	Senior	00:11:15
160	48A	Gosforth Harriers2	Alan herbertson	Male	Vet50	00:11:17
161	85A	Sunderland Harriers4	Lauren Flaxen	Female	Vet40	00:11:17
162	20B	Heaton Harriers11	Nina Cameron	Female	Vet50	00:11:17
163	8A	Claremont Road Runners 4	Chris Jones	Male	Vet40	00:11:18
164	81A	Ponteland RC4	Mike Meaney	Male	Vet60	00:11:18
165	36B	Blaydon Harriers 5	Hannah Gordon	Female	Senior	00:11:18
166	44B	Birtley AC1	Katherine Crompton	Female	Senior	00:11:20
167	21B	Heaton Harriers12	Jacqueline Turner	Female	Vet50	00:11:24
168	74B	Prudhoe Plodders 1	Claire McKinnon	Female	Senior	00:11:25
169	54B	Ashington Hirst RC2	Claire Norvell	Female	Vet40	00:11:28
170	18C	Heaton Harriers9	Steve Jones	Male	Vet40	00:11:29
171	26C	North Shields Poly 3	Brendan Abbott	Male	Vet50	00:11:30
172	14B	Heaton Harriers5	Alison Janes	Female	Senior	00:11:30
173	46B	Birtley AC3	Kirstin Farquhar	Female	Vet50	00:11:31
174	66B	Low Fell1	Vicky Graham	Female	Vet50	00:11:32
175	21C	Heaton Harriers12	Alan Langford	Male	Vet50	00:11:33
176	76B	Saltwell Harriers1	Catrina Sibert	Female	Senior	00:11:34
177	85B	Sunderland Harriers4	Katie Dickinson	Female	Senior	00:11:35
178	63A	Tyne Bridge Harriers 5	Clara Riach	Female	Senior	00:11:42
179	6C	Claremont Road Runners 2	Aoife Monaghan	Female	Senior	00:11:42
180	79A	Ponteland RC2	Andrew Toothill	Male	Senior	00:11:44
181	27B	North Shields Poly 4	Ian Hearn	Male	Vet50	00:11:44
182	42C	Crook and District 5	Geoff Hewitson	Male	Vet60	00:11:45
183	33A	Blaydon Harriers 2	Sarah Batsford	Female	Senior	00:11:45
184	31B	North Shields Poly 8	Danielle Bell	Female	Senior	00:11:45
185	77A	Saltwell Harriers2	Tony Yip	Male	Vet50	00:11:46

186	30B	North Shields Poly 7	Jennifer Cairns	Female	Senior	00:11:47
187	68B	Low Fell3	Clare Magrath	female	Senior	00:11:49
188	62A	Tyne Bridge Harriers 4	Tatiana Alvares-Sanches	Female	Senior	00:11:54
189	35C	Blaydon Harriers 4	Letha Whittham	Female	Senior	00:11:55
190	77C	Saltwell Harriers2	Nicola Whitman	Female	Vet40	00:11:57
191	52C	Gosforth Harriers6	elaine mckechnie	Female	Vet40	00:12:01
192	65A	Tyne Bridge Harriers 7	Ellie Pretorius	Female	Vet40	00:12:01
193	19B	Heaton Harriers10	Mandy Hood	Female	Vet40	00:12:03
194	40B	Crook and District 3	Clare Weir	Female	Vet40	00:12:04
195	63B	Tyne Bridge Harriers 5	Gemma Finnie	Female	Senior	00:12:04
196	41B	Crook and District 4	Danny Oakley	Male	Senior	00:12:06
197	55B	Ashington Hirst RC3	Jane Wilkes	Female	Vet50	00:12:06
198	30C	North Shields Poly 7	Rob Kirkpatrick	Male	Vet40	00:12:07
199	15C	Heaton Harriers6	Kerry Ho	Female	Senior	00:12:09
200	31A	North Shields Poly 8	Paul Sherburn	Male	Vet50	00:12:10
201	14C	Heaton Harriers5	Phil Green	Male	Vet50	00:12:10
202	9B	Claremont Road Runners 5	Lucy Keating	Female	Vet50	00:12:12
203	52B	Gosforth Harriers6	zoe stephenson	Female	Senior	00:12:13
204	43A	Crook and District 6	Adam Newby	Male	Senior	00:12:14
205	29B	North Shields Poly 6	Becci Ride-Smith	Female	Vet40	00:12:14
206	15A	Heaton Harriers6	Emma Johnson	Female	Senior	00:12:15
207	77B	Saltwell Harriers2	Catherine Dutton	Female	Senior	00:12:15
208	7C	Claremont Road Runners 3	Lucy Ward	Female	Vet40	00:12:16
209	53B	Ashington Hirst RC1	Michelle Embleton	Female	Vet50	00:12:17
210	79B	Ponteland RC2	Andrea Findlater	Female	Vet40	00:12:23
211	23A	Heaton Harriers14	Jennifer Hughes	Female	Vet40	00:12:24
212	15B	Heaton Harriers6	Madison Downie	Female	Senior	00:12:24
213	56C	Ashington Hirst RC4	Christine McGregor	Female	Vet50	00:12:30
214	35A	Blaydon Harriers 4	Lauren Peart	Female	Vet40	00:12:31
215	69B	Low Fell4	Eleanor Crame	Female	Senior	00:12:31
216	9C	Claremont Road Runners 5	Jenny Roberts	Female	Senior	00:12:33
217	65B	Tyne Bridge Harriers 7	Ria Knox	Female	Vet40	00:12:40
218	75C	Prudhoe Plodders 2	Caroline O'Neill	Female	Vet40	00:12:41
219	8C	Claremont Road Runners 4	Rose Hawkswood	Female	Senior	00:12:44
220	43C	Crook and District 6	Philip Healey	Male	Vet60	00:12:44
221	85C	Sunderland Harriers4	Doreen Dickinson	Female	Vet60	00:12:48
222	67B	Low Fell2	Bernie Salmon	female	Senior	00:12:50
223	25C	North Shields Poly 2	Richard Clough	Male	Vet60	00:12:51
224	75B	Prudhoe Plodders 2	Phil Lloyd	Male	Vet50	00:12:52
225	22B	Heaton Harriers13	Baljit Watson	Female	Vet60	00:13:05
226	35B	Blaydon Harriers 4	Suzie Keyes	Female	Senior	00:13:08
227	58A	Ashington Hirst RC6	Alexandra Baston	Female	Senior	00:13:10
228	4B	Elswick Harriers 4	Lynne Michelson	Female	Vet50	00:13:12
229	80B	Ponteland RC3	Joanne Lucking	Female	Vet50	00:13:14
230	75A	Prudhoe Plodders 2	Kate Lloyd	Female	Vet40	00:13:18
231	25A	North Shields Poly 2	Peter Rendall	Male	Vet60	00:13:21
232	65C	Tyne Bridge Harriers 7	Andrea Ingles	Female	Vet50	00:13:26
233	57A	Ashington Hirst RC5	Julie wandless	Female	Vet50	00:13:31
234	81C	Ponteland RC4	Tony Vick	Male	Vet60	00:13:34
235	56B	Ashington Hirst RC4	Teresa Peters	Female	Vet40	00:13:36
236	81B	Ponteland RC4	Lalage Brown	Female	Vet60	00:13:42
237	58C	Ashington Hirst RC6	Rick Smith	Male	Vet40	00:13:42
238	18B	Heaton Harriers9	Caroline Billis	Female	Vet40	00:13:45
239	22C	Heaton Harriers13	Nigel Hooper	Male	Vet60	00:13:45
240	43B	Crook and District 6	Rachael Flowers	Female	Vet40	00:13:46
241	63C	Tyne Bridge Harriers 5	Alison Bulman	Female	Vet40	00:13:53
242	31C	North Shields Poly 8	Phil Southern	Male	Vet50	00:14:07
243	24C	North Shields Poly 1	Joan O'Neill	Female	Vet60	00:14:09
244	73B	Morpeth Harriers4	Pamela Woodcock	Female	Vet60	00:14:11
245	57C	Ashington Hirst RC5	Natalie McDermott	Female	Vet40	00:14:11
246	58B	Ashington Hirst RC6	Beth McDermott	Female	Senior	00:14:21
247	42A	Crook and District 5	Gerry Hehir	Male	Vet60	00:14:23
248	57B	Ashington Hirst RC5	Stacy Reed	Female	Vet40	00:14:27
249	25B	North Shields Poly 2	Heather Gould	Female	Vet60	00:14:35

250	42B	Crook and District 5	Gayle Askwith	Female	Vet40	00:14:42
251	7B	Claremont Road Runners 3	Lena Webster-Costella	Female	Senior	00:15:10
252	41C	Crook and District 4	Bernice Foster	Female	Vet50	00:15:51
253	8B	Claremont Road Runners 4	Helen Gavillet	Female	Senior	00:16:21
254	23C	Heaton Harriers14	Janette Kilgour	Female	Vet60	00:17:28
255	23B	Heaton Harriers14	George Routledge	Male	Vet60	00:17:36
256	86A	South Shields Harriers	0	0	#N/A	#N/A
257	86B	South Shields Harriers	0	0	#N/A	#N/A
258	86C	South Shields Harriers	0	0	#N/A	#N/A
259	87A	South Shields Harriers	0	0	#N/A	#N/A
260	87B	South Shields Harriers	0	0	#N/A	#N/A
261	87C	South Shields Harriers	0	0	#N/A	#N/A