

Elswick Harriers

2024 Norman Woodcock Relay Race



Rank	Team Number	Running Club Name	Team Category	Runner's Name - Leg 1	Time	Runner's Name - Leg 2	Time2	Runner's Name - Leg 3	Time3	Time Total
1	70	Morpeth Harriers1	Senior	Liam Ramsay	00:08:25	Poppy Buck	00:09:10	Tom Balsdon	00:08:03	0:25:38
2	10	Heaton Harriers 1	Senior	Fred Davies	00:08:13	Jo Woodcock	00:09:10	Louis Head	00:08:19	0:25:42
3	59	Tyne Bridge Harriers 1	Senior	Zak Kettle	00:08:09	Becky Blain	00:09:27	Tom Charlton	00:08:08	0:25:44
4	1	Elswick Harriers 1	Vet40	David Bell	00:08:28	Justina Heslop	00:09:06	Andrew Bell	00:08:42	0:26:16
5	60	Tyne Bridge Harriers 2	Senior	Paul O'Mara	00:08:17	Sarah Platten	00:09:33	Ben Ward	00:08:52	0:26:42
6	2	Elswick Harriers 2	Senior	Imogen Bungay	00:08:38	Chris Smallwood	00:09:27	Jonathan Rewcastle	00:08:59	0:27:04
7	82	Sunderland Harriers1	Senior	Craig Gunn	00:08:14	Grace Carroll	00:09:30	Ben Anderson	00:09:27	0:27:11
8	83	Sunderland Harriers2	Vet40	Sam Thurlbeck	00:08:36	Kay Stephenson	00:10:46	Steve Rankin	00:08:04	0:27:26
9	5	Claremont Road Runners 1	Senior	Mark Anderson	00:08:46	Sarah Kerr	00:10:08	Harry Mawdsley	00:08:44	0:27:38
10	32	Blaydon Harriers 1	Senior	Charlie Toogood	00:09:14	Ellie Fellows	00:09:34	James Dias	00:08:57	0:27:45
11	11	Heaton Harriers 2	Senior	Matt Steanson	00:08:27	Louise Mercer	00:10:03	Calum Mills	00:09:22	0:27:52
12	71	Morpeth Harriers2	Senior	Andriy Volkov	00:09:35	Robyn Bennett	00:09:39	Dave Stabler	00:08:41	0:27:55
13	49	Gosforth Harriers3	Senior	Alex Rhodes	00:08:56	Emma Ashman	00:10:17	maurice Bourke	00:08:45	0:27:58
14	47	Gosforth Harriers1	Vet50	Al Johnson	00:08:26	Anna fletcher	00:10:06	Simon daniels	00:09:58	0:28:30
15	66	Low Fell1	Senior	Michael Dennison	00:08:37	Vicky Graham	00:11:32	Josh Thomas	00:08:22	0:28:31
16	12	Heaton Harriers 3	Senior	Oscar Reid	00:08:52	Laura Percy	00:10:56	Charlie McVickers	00:08:51	0:28:39
17	50	Gosforth Harriers4	Senior	edward watson	00:09:06	hannah wightman	00:10:17	lewis proud	00:09:19	0:28:42
18	61	Tyne Bridge Harriers 3	Senior	Simon Hall	00:09:22	Zoe Thompson	00:09:59	Anthony Tait	00:09:36	0:28:57
19	13	Heaton Harriers4	Senior	Andy Lovell	00:09:00	Charlotte Redhead	00:10:14	Luke O'Neill	00:09:44	0:28:58
20	38	Crook and District 1	Senior	Alex Hird	00:08:40	Amy Etherington	00:10:30	Andy Simpson	00:09:57	0:29:07
21	16	Heaton Harriers7	Vet40	Glen Rae	00:09:29	Sarah Lemon	00:10:49	Rupert Jordan	00:08:54	0:29:12
22	64	Tyne Bridge Harriers 6	Vet40	Alasdair Blain	00:08:57	Rachel Turnbull	00:10:19	Andy Chiu	00:10:10	0:29:26
23	28	North Shields Poly 5	Vet40	Chris Scott	00:08:41	Quynh Nguyen	00:10:49	Charlie Townsend	00:09:58	0:29:28
24	37	Blaydon Harriers 6	Senior	Tim Nichol	00:10:18	Beth Bradford	00:09:56	Isaac Dunn	00:09:31	0:29:45
25	3	Elswick Harriers 3	Senior	Aiden Jones	00:09:22	Cath Lowes	00:10:44	Joe Horner	00:09:47	0:29:53
26	39	Crook and District 2	Senior	Andrew Dolan	00:09:34	Lisa Donaldson	00:10:36	Ben Etherington	00:09:43	0:29:53
27	84	Sunderland Harriers3	Senior	Michael Edwards	00:09:19	Charlotte Stidolph	00:10:41	Steven Gordon	00:09:57	0:29:57

28	51	Gosforth Harriers5	Senior	callum akhtar	00:09:32	sylvia moffatt	00:10:52	chris williams	00:10:01	0:30:25
29	72	Morpeth Harriers3	Vet40	Richard Glennie	00:09:55	Sophie Ward	00:11:12	Jason Dawson	00:09:21	0:30:28
30	54	Ashington Hirst RC2	Senior	Sean Henderson	00:09:21	Claire Norvell	00:11:28	Dan Craig	00:09:45	0:30:34
31	78	Ponteland RC1	Senior	Mark Lyon	00:09:26	Beth Lach	00:10:35	Andrea Simmons	00:11:06	0:31:07
32	45	Birtley AC2	Vet40	Stephen Brownless	00:10:01	Helen Arrowsmith	00:10:24	Paul Agnew	00:10:49	0:31:14
33	34	Blaydon Harriers 3	Senior	Phil McGuire	00:09:57	Eden Ratcliffe	00:11:01	Michael Friberg	00:10:21	0:31:19
34	19	Heaton Harriers10	Vet40	Dan Hodges	00:09:15	Mandy Hood	00:12:03	Mark Sutherland	00:10:12	0:31:30
35	20	Heaton Harriers11	Vet50	David Slater	00:09:57	Nina Cameron	00:11:17	James Leitch	00:10:22	0:31:36
36	26	North Shields Poly 3	Vet50	Ruth Oldham	00:10:03	Ivan Thorn	00:10:09	Brendan Abbott	00:11:30	0:31:42
37	67	Low Fell2	Senior	Richard Conder	00:09:06	Bernie Salmon	00:12:50	Ben Alcock	00:09:48	0:31:44
38	17	Heaton Harriers8	Vet40	Andy Burden	00:10:09	Helena Walsater	00:11:00	Scott McEntee	00:10:39	0:31:48
39	48	Gosforth Harriers2	Vet50	Alan herbertson	00:11:17	Joanne Denholm	00:10:29	Neil Ramsay	00:10:04	0:31:50
40	4	Elswick Harriers 4	Vet40	John Rippon	00:09:58	Lynne Michelson	00:13:12	David Jones	00:09:26	0:32:36
41	53	Ashington Hirst RC1	Vet50	Scott Wilkes	00:09:58	Michelle Embleton	00:12:17	Iain Singer	00:10:33	0:32:48
42	74	Prudhoe Plodders 1	Senior	Richard Heslop	00:10:51	Claire McKinnon	00:11:25	Seamus Kelleher	00:10:37	0:32:53
43	40	Crook and District 3	Vet40	Matthew Brimm	00:10:20	Clare Weir	00:12:04	Chris Dobson	00:10:35	0:32:59
44	44	Birtley AC1	Senior	Craig Crompton	00:11:12	Katherine Crompton	00:11:20	Paul McVittie	00:10:32	0:33:04
45	46	Birtley AC3	Vet50	David Francis	00:10:36	Kirstin Farquhar	00:11:31	Paul Brennan	00:10:58	0:33:05
46	80	Ponteland RC3	Vet50	Neil Ward	00:09:40	Joanne Lucking	00:13:14	Gavin Townsend	00:10:24	0:33:18
47	68	Low Fell3	Senior	Danny Wade	00:10:43	Clare Magrath	00:11:49	Paul Iredale	00:10:48	0:33:20
48	55	Ashington Hirst RC3	Senior	Luke Wandless	00:10:26	Jane Wilkes	00:12:06	Rob Bulmer	00:10:50	0:33:22
49	29	North Shields Poly 6	Vet40	Matt Gould	00:10:38	Becci Ride-Smith	00:12:14	Simon Ebbitt	00:10:32	0:33:24
50	36	Blaydon Harriers 5	Senior	Garry Russell	00:11:12	Hannah Gordon	00:11:18	Paul Young	00:10:54	0:33:24
51	69	Low Fell4	Senior	Colin Greenwell	00:10:40	Eleanor Crame	00:12:31	Matthew Sinclar	00:10:20	0:33:31
52	27	North Shields Poly 4	Vet50	Alison Smith	00:10:50	Ian Hearn	00:11:44	Mark Dutton	00:11:06	0:33:40
53	21	Heaton Harriers12	Vet50	Dave Dale	00:10:45	Jacqueline Turner	00:11:24	Alan Langford	00:11:33	0:33:42
54	76	Saltwell Harriers1	Senior	Steve Ayling	00:11:06	Catriona Sibert	00:11:34	Michelle Connelly	00:11:05	0:33:45
55	30	North Shields Poly 7	Senior	Ollie Oldham	00:09:54	Jennifer Cairns	00:11:47	Rob Kirkpatrick	00:12:07	0:33:48
56	33	Blaydon Harriers 2	Senior	Sarah Batsford	00:11:45	Emma Cartwright	00:10:56	Rosie Bunney	00:11:10	0:33:51
57	62	Tyne Bridge Harriers 4	Senior	Tatiana Alvares-Sanches	00:11:54	Claire Norman	00:11:13	Adeline Bourgenot-Lewis	00:10:48	0:33:55
58	24	North Shields Poly 1	Vet60	Guy Bracken	00:08:53	Norman De Bruin	00:10:55	Joan O'Neill	00:14:09	0:33:57
59	14	Heaton Harriers5	Senior	Robert Rhodes	00:10:22	Alison Janes	00:11:30	Phil Green	00:12:10	0:34:02
60	52	Gosforth Harriers6	Senior	alex thompson	00:09:51	zoe stephenson	00:12:13	elaine mckechnie	00:12:01	0:34:05
61	6	Claremont Road Runners 2	Senior	Holly Porter	00:11:15	Sonja Fenske	00:11:11	Aoife Monaghan	00:11:42	0:34:08
62	9	Claremont Road Runners 5	Senior	Jamie Armstrong	00:09:45	Lucy Keating	00:12:12	Jenny Roberts	00:12:33	0:34:30
63	18	Heaton Harriers9	Vet40	Chris George	00:09:42	Caroline Billis	00:13:45	Steve Jones	00:11:29	0:34:56

64	79	Ponteland RC2	Senior	Andrew Toothill	00:11:44	Andrea Findlater	00:12:23	Mike Waring	00:11:02	0:35:09
65	73	Morpeth Harriers4	Vet60	Dave Nicholson	00:10:53	Pamela Woodcock	00:14:11	Neil MacAnany	00:10:16	0:35:20
66	85	Sunderland Harriers4	Senior	Lauren Flaxen	00:11:17	Katie Dickinson	00:11:35	Doreen Dickinson	00:12:48	0:35:40
67	77	Saltwell Harriers2	Senior	Tony Yip	00:11:46	Catherine Dutton	00:12:15	Nicola Whitman	00:11:57	0:35:58
68	15	Heaton Harriers6	Senior	Emma Johnson	00:12:15	Madison Downie	00:12:24	Kerry Ho	00:12:09	0:36:48
69	56	Ashington Hirst RC4	Vet40	Martin Blakelock	00:11:02	Teresa Peters	00:13:36	Christine McGregor	00:12:30	0:37:08
70	35	Blaydon Harriers 4	Senior	Lauren Peart	00:12:31	Suzie Keyes	00:13:08	Letha Whitham	00:11:55	0:37:34
71	63	Tyne Bridge Harriers 5	Senior	Clara Riach	00:11:42	Gemma Finnie	00:12:04	Alison Bulman	00:13:53	0:37:39
72	22	Heaton Harriers13	Vet60	Willard Wright	00:11:04	Baljit Watson	00:13:05	Nigel Hooper	00:13:45	0:37:54
73	31	North Shields Poly 8	Senior	Paul Sherburn	00:12:10	Danielle Bell	00:11:45	Phil Southern	00:14:07	0:38:02
74	65	Tyne Bridge Harriers 7	Vet40	Ellie Pretorius	00:12:01	Ria Knox	00:12:40	Andrea Ingles	00:13:26	0:38:07
75	7	Claremont Road Runners 3	Senior	Tom Tinsley	00:10:42	Lena Webster-Costella	00:15:10	Lucy Ward	00:12:16	0:38:08
76	81	Ponteland RC4	Vet60	Mike Meaney	00:11:18	Lalage Brown	00:13:42	Tony Vick	00:13:34	0:38:34
77	41	Crook and District 4	Senior	Peter Coser	00:10:43	Danny Oakley	00:12:06	Bernice Foster	00:15:51	0:38:40
78	43	Crook and District 6	Senior	Adam Newby	00:12:14	Rachael Flowers	00:13:46	Philip Healey	00:12:44	0:38:44
79	75	Prudhoe Plodders 2	Vet40	Kate Lloyd	00:13:18	Phil Lloyd	00:12:52	Caroline O'Neill	00:12:41	0:38:51
80	8	Claremont Road Runners 4	Senior	Chris Jones	00:11:18	Helen Gavillet	00:16:21	Rose Hawkswood	00:12:44	0:40:23
81	25	North Shields Poly 2	Vet60	Peter Rendall	00:13:21	Heather Gould	00:14:35	Richard Clough	00:12:51	0:40:47
82	42	Crook and District 5	Vet40	Gerry Hehir	00:14:23	Gayle Askwith	00:14:42	Geoff Hewitson	00:11:45	0:40:50
83	58	Ashington Hirst RC6	Senior	Alexandra Baston	00:13:10	Beth McDermott	00:14:21	Rick Smith	00:13:42	0:41:13
84	57	Ashington Hirst RC5	Vet40	Julie wandless	00:13:31	Stacy Reed	00:14:27	Natalie McDermott	00:14:11	0:42:09
85	23	Heaton Harriers14	Vet40	Jennifer Hughes	00:12:24	George Routledge	00:17:36	Janette Kilgour	00:17:28	0:47:28
86	86	South Shields Harriers	#N/A	0 #N/A		0 #N/A		0 #N/A		#N/A
87	87	South Shields Harriers	#N/A	0 #N/A		0 #N/A		0 #N/A		#N/A