

Womens Team Results											
Rank	Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Total
1	1	117	North Shields Poly1	Senior	Stacey Smith	00:11:37	Charlotte Penfold	00:12:02	Poppy Old	00:12:56	0:36:35
2	2	37	Elswick 1	Senior	Imogen Bungay	00:12:10	Erin Blight	00:13:21	Justina Heslop	00:12:47	0:38:18
3	3	6	Birtley AC 1	Senior	Chloe Bailes	00:13:02	Lydia Turner	00:12:18	Amber Leigh	00:13:38	0:38:58

v40 Women											
Rank	Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Total
11	1	42	Elswick 6	Vet40	Hazel Bough	00:13:15	Felicity Smith	00:13:56	Judith Nutt	00:14:03	0:41:14
13	2	9	Birtley AC 4	Vet40	Lorna Graham	00:14:06	Helen Arrowsmith	00:14:11	Tracy Millmore	00:13:21	0:41:38
14	3	66	Morpeth Harriers 4	Vet40	Morag Stead	00:12:48	Jane Kirby	00:14:50	Anna Wright	00:14:08	0:41:46

v50 Women											
Rank	Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Total
32	1	84	South shields A V50	Vet50	Jackie Murdy	00:13:48	Maxine Minchella	00:14:48	Karen Snaith	00:15:55	0:44:31
43	2	44	Elswick 8	Vet50	Debbie Spoor	00:15:16	Lindsey Grant	00:15:20	Andrea Banner	00:15:38	0:46:14
65	3	47	Gateshead D V50	Vet50	Gillian Robinson	00:16:18	Claire Purcell	00:17:51	Angela Kirtley	00:15:56	0:50:05

v60 Women											
Rank	Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Total
99	1	57	Heaton Harriers 5	Vet60	Jenny Friend	00:17:21	Janette Kilgour	00:22:27	Elaine Waters	00:16:58	0:56:46

Mens Team Results													
Rank	Age Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Runner's Name 4	Leg 4	Team Total
1	1	67	Morpeth Harriers 4	Senior	Rob Balmbra	00:11:21	James Young	00:09:57	Ellis Heatherington	00:10:35	Tom Balsdon	00:10:38	0:42:31
2	2	51	Houghton Harriers 1	Senior	Brandon Pye	00:10:29	Elvio Loreda	00:11:32	Chris Coulson	00:10:40	Cameron Allan	00:10:00	0:42:41
3	3	35	Gateshead A	Senior	Jack Douglas	00:10:52	Lewis Liddle	00:10:32	Joe Wales	00:10:49	Dan Alexander	00:11:03	0:43:16

v40 Men													
Rank	Age Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Runner's Name 4	Leg 4	Team Total
9	1	74	North Shields Poly1	Vet40	James Anderson	00:10:55	Paul Gilder	00:12:02	StephenHall	00:11:59	Chris Scott	00:11:53	0:46:49
19	2	42	Gosforth Harriers 1	Vet40	Alastair Johnson	00:11:46	kirk haddon	00:12:17	Stephen Boddy	00:13:17	Andrew Heppell	00:11:26	0:48:46
20	3	39	Gateshead E V40	Vet40	Chris West	00:11:48	Steven Medd	00:12:19	David Dawson	00:12:05	Chris Parkin	00:12:36	0:48:48

v50 Men													
Rank	Age Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Runner's Name 4	Leg 4	Team Total
25	1	21	Crook AC 4	Vet50	Jason Allison	00:12:45	Peter Clough	00:12:34	Chris Auld	00:12:43	Wayne Pearson	00:12:09	0:50:11
36	2	32	Elswick Harriers 4	Vet50	Mark Turnbull	00:12:50	John Rippon	00:13:41	Roland Brown	00:13:50	James Douglas	00:12:16	0:52:37
38	3	65	Morpeth Harriers2	Vet50	Jason Dawson	00:13:09	Gavin Bayne	00:14:01	Lee Bennett	00:12:38	Rob Hancox	00:13:02	0:52:50

v60 Men													
Rank	Age Cat Rank	Team Number	Running Club Name	Team Category	Runner's Name 1	Leg 1	Runner's Name 2	Leg 2	Runner's Name 3	Leg 3	Runner's Name 4	Leg 4	Team Total
75	1	96	Sunderland Strollers4	Vet60	Kevin O'Neill	00:14:43	Ken Maynard	00:14:42	Joe Glancy	00:16:30	Richard Barker	00:13:59	0:59:54
88	2	58	Jarrow and Hebburn C	Vet60	Mlcheal Salkeld	00:15:04	Bob Weightman	00:15:11	Michael McNally	00:16:19	Mick Joyce	00:15:59	1:02:33