



ELSWICK HARRIERS

Wednesday 7th July 2021

Dear Club Committee and Members,

Following an event over Zoom in November last year, I have spent some time over the past few months adapting and preparing some resources I've previously used in schools for Elswick Harriers members Resuscitation Training. These resources, linked below, include a video I've created, a content summary sheet, a knowledge checker and the location of the defibrillator the club has access to at the Newburn Activity Centre.

Please click on, or copy and paste the links into your search engine, to view them.

Training Video –

<https://youtu.be/XWZrve5NmLY>

Summary Sheet –

<https://documentcloud.adobe.com/link/review?uri=urn:aaid:scds:US:b34d98c0-81a5-4604-9a10-37c76fc89cfa>

Knowledge Checker Form –

<https://forms.office.com/r/FZu7EDvkYf>

Defibrillator Location –

<https://1drv.ms/u/s!AmlKTkhLdyJOH3H25DydROHeYQ10>

Slides only Video –

<https://youtu.be/Djmsdx1g-Wk>

The basis of these resources has been used many times so, I hope you are able to learn something from them as they have proven very useful when used by members of the local community and schools.

I welcome any questions, concerns and feedback you have about anything expressed in these documents and training resources. You can contact me through Facebook, Twitter (@ymax_young), Instagram (maxyoung.18) and email (maxyoung123@outlook.com).

I sincerely hope you and your families are all well.

Best wishes,

Max Young