



	Club	Team	1st Leg Name	M/F	Sen/Vet	Time	2nd Leg Name	M/F	Sen/Vet	Time	3rd Leg Name	M/F	Sen/Vet	Time	Cumulative Time
1	Tyne Bridge Harriers	A	Megan Parkin	F	Senior	0:11:43	Sophie Marr	F	Senior	0:11:50	Ellen Jeffreys	F	Senior	0:11:22	0:34:55
2	Morpeth Harriers	A	Lorna Macdonald	F	Senior	0:12:12	Lindsey Quinn	F	Senior	0:12:04	Catronna Macdonald	F	Senior	0:12:10	0:36:26
3	Tyne Bridge Harriers	F	Katy Stevenson	F	Vet	0:11:39	Alison Dargie	F	Vet	0:11:52	Lucy Turzynski	F	Vet	0:13:02	0:36:33
4	Jarrow & Hebburn	A	Alexis Dodd	F	Vet	0:11:16	Alex Sneedon	F	Senior	0:12:31	Emily Jones	F	Senior	0:12:54	0:36:41
5	Elswick Harriers	B	Joanne Brown	F	Vet	0:12:16	Andrea Banner	F	Vet	0:12:20	Felicity Smith	F	Vet	0:12:30	0:37:06
6	Crook & District AC	C	Joanna Beckett	F	Vet	0:13:34	Joanna Raine	F	Vet	0:12:42	Caroline Teasdale	F	Vet	0:13:04	0:37:20
7	North Shields Poly	B	Natasha Newson	F	Vet	0:12:35	Claire Harlow	F	Vet	0:12:11	Vicky Houghton	F	Vet	0:12:40	0:37:26
8	Wallsend Harriers	A	Jennifer Berry	F	Senior	0:11:40	Ellen Williams	F	Senior	0:14:56	Danielle Hodgkinson	F	Vet	0:10:52	0:37:28
9	Elswick Harriers	A	Nichola Conlon	F	Senior	0:13:10	Imogen Bungay	F	Senior	0:11:52	Susanne Stephenson	F	Vet	0:12:33	0:37:35
10	North Shields Poly	C	Becky Coleman	F	Vet	0:12:11	Stephanie MacLean	F	Vet	0:11:37	Alison Smith	F	Vet	0:13:53	0:37:41
11	Heaton Harriers	A	Laura Oldfield	F	Vet	0:12:00	Ellen Tulo	F	Vet	0:12:19	Helena Walsater	F	Vet	0:13:17	0:37:56
12	Heaton Harriers	A	Laura Percy	F	Senior	0:13:01	Ali Timms	F	Senior	0:12:18	Ellie Clark	F	Senior	0:12:54	0:38:23
13	Claremont Road Runners	A	Catherine Young	F	Senior	0:11:55	Nicki O'Brien	F	Vet	0:14:07	Sarah Kerr	F	Vet	0:12:40	0:38:42
14	Gateshead Harriers	A	Kim Simpson	F	Vet	0:12:32	Gillian Manford	F	Vet	0:11:09	Leanne Parkin	F	Vet	0:15:22	0:39:03
15	Alnwick Harriers	B	Diana Weightman	F	Vet	0:13:52	Jo Gascoigne-Owens	F	Vet	0:12:47	Laura Stubbings	F	Vet	0:13:02	0:39:41
16	Wallsend Harriers	B	Kirsty Fearn	F	Vet	0:12:33	Emma Plummer	F	Vet	0:14:32	Emily James	F	Vet	0:12:42	0:39:47
17	Tyne Bridge Harriers	G	Hannah Stewart	F	Senior	0:13:18	Clara Riach	F	Senior	0:13:28	Nicole McIntyre	F	Senior	0:13:02	0:39:48
18	Blaydon Harriers	A	Jessica Levy	F	Senior	0:13:25	Jenna Reid	F	Senior	0:13:25	Abbie Lewis	f	Senior	0:13:22	0:40:12
19	Jarrow & Hebburn	B	Hazelle Webster-Costella	F	Senior	0:13:21	Cecilia Kilcock	F	Senior	0:13:27	Heather Robinson	F	Vet	0:13:37	0:40:25
20	South Shields Harriers	A	Fran Dembele	F	Vet	0:12:46	Claire O'Callaghan	F	Vet	0:13:38	Angella Charlton	F	Vet	0:14:11	0:40:35
21	Crook & District AC	D	Sarah Kimberley Clay	F	Vet	0:13:29	Sam Dixon	F	Vet	0:12:58	Jillian Berry	F	Vet	0:14:10	0:40:37
22	Tyne Bridge Harriers	B	Lucy Matheson	F	Vet	0:13:12	Rachel Gill	F	Vet	0:12:47	Lyndsey Thompson	F	Vet	0:14:42	0:40:41
23	Blaydon Harriers	C	Rosanna Bunney	F	Senior	0:13:48	Eleanor Bradbury	f	Senior	0:12:18	Laura Hattrick	F	Senior	0:15:02	0:41:08
24	Elswick Harriers	C	Louise Grant	F	Vet	0:13:07	Louise Allen	F	Vet	0:14:00	Debbie Spoor	F	Vet	0:14:05	0:41:12
25	Heaton Harriers	B	Debroah Ellis	F	Vet	0:14:19	Lisa McGillivray	F	Senior	0:13:20	Elaine Waters	F	Vet	0:13:54	0:41:33
26	Stockfield Striders	A	Elissa Spoor	F	Vet	0:12:09	Anna Halstead	F	Vet	0:14:26	Helen Guy	F	Vet	0:14:59	0:41:34
27	Alnwick Harriers	C	Rosie Davison	F	Senior	0:12:28	Lisa Baston	F	Vet	0:13:32	Caro Fentiman	F	Vet	0:15:35	0:41:35
28	Jarrow & Hebburn	C	Kelly Marie	F	Vet	0:13:51	Helen Ruffel	F	Vet	0:14:16	Vicki Thompson	F	Vet	0:14:35	0:42:42
29	Crook & District AC	E	Clare Weir	F	Vet	0:14:16	Jane Henderson	F	Vet	0:14:12	Sharon Bridge	F	Vet	0:14:19	0:42:47
30	Wallsend Harriers	C	Joy Blackburn	F	Vet	0:14:02	Leanne Smith Lewis	F	Vet	0:14:06	Chrystal Skeldon	F	Vet	0:14:49	0:42:57
31	North Shields Poly	D	Louise Coultate	F	Vet	0:14:58	Clare Swift	F	Vet	0:13:41	Helen Gardiner	F	Vet	0:14:19	0:42:58
32	Blyth Running Club	D	Clair Southern	F	Vet	0:14:41	Sue Browning	F	Vet	0:15:05	Lee Elder	F	Vet	0:14:09	0:43:55
33	South Shields Harriers	B	Kellie Paterson	F	Vet	0:14:22	Katherine Stewart	F	Vet	0:14:32	Lisa Oliver	F	Vet	0:15:06	0:44:00
34	Blyth Running Club	B	Carly Ellis	F	Vet	0:14:53	Keanne Herron	F	Vet	0:13:35	Alison French	F	Vet	0:15:51	0:44:19
35	Crook & District AC	A	Chloe Louise Fairclough	F	Senior	0:16:14	Bethany Iveson	F	Senior	0:13:58	Elizabeth Wood	F	Senior	0:14:12	0:44:24
36	Tyne Bridge Harriers	C	Amy Johnson	F	Senior	0:14:36	Sarah Hamblin	F	Vet	0:14:32	Gemma Finnie	F	Senior	0:15:22	0:44:30
37	Wallsend Harriers	E	Julie Collinson	F	Vet	0:15:10	Myra Robson	F	Vet	0:15:25	Mish Margison	F	Vet	0:14:20	0:44:55
38	North Shields Poly	A	Catronna Johnston	F	Senior	0:13:21	Rosa Fojut	F	Senior	0:16:06	Tina Diddiee	F	Vet	0:15:35	0:45:02
39	Elswick Harriers	D	Mary Hall	F	Vet	0:15:38	Kim Matthews	F	Vet	0:14:12	Robyn Naylor	F	Senior	0:15:26	0:45:16
40	Alnwick Harriers	D	Sue Skirrow	F	Vet	0:17:46	Jo Powell	F	Vet	0:13:09	Alice Tetley-Paul	F	Vet	0:14:28	0:45:23
41	Crook & District AC	B	Lisa Marie	F	Senior	0:13:47	Amanda Taylor	F	Vet	0:14:45	Laura Newby	F	Vet	0:15:12	0:45:24
42	Ashington Hirst RC	A	Ann Birchall	F	Vet	0:14:32	Laura Shaw	F	Vet	0:15:08	Michelle Embleton	F	Vet	0:15:49	0:45:29
43	Tyne Bridge Harriers	D	Marloes Peeters	F	Senior	0:14:08	Laney Fitzpatrick	F	Vet	0:16:17	Tina Howe	F	Vet	0:15:05	0:45:30
44	Wallsend Harriers	D	Sarah Robson	F	Vet	0:15:55	Alexandra Ross	F	Senior	0:14:43	Nikki Stewart	F	Vet	0:15:10	0:45:48
45	South Shields Harriers	C	Angela Hayes	F	Vet	0:15:21	Gayle Eglington	F	Vet	0:15:30	Joanne Camps	F	Vet	0:15:31	0:46:22
46	Claremont Road Runners	B	Nina Jensen	F	Vet	0:15:10	Julija Simpson	F	Senior	0:15:48	Nina Jentl	F	Senior	0:15:41	0:46:39
47	Prudhoe Plodders	D	Jayne Metcalfe	F	Vet	0:15:10	Kathryn Dutton	F	Vet	0:16:42	Alyson Weymes	F	Vet	0:15:12	0:47:04
48	Heaton Harriers	B	Jennifer Hughes	F	Vet	0:14:26	Pauline Chaplin	F	Vet	0:16:12	Marie Bell	F	Vet	0:16:37	0:47:15
49	Prudhoe Plodders	B	Amy Rlson	F	Senior	0:14:18	Judith Lewis	F	Senior	0:16:32	Maddie Ineson	F	Senior	0:16:34	0:47:24
50	Prudhoe Plodders	A	Eve Robertson	F	Vet	0:16:35	Amna Dance	F	Vet	0:15:17	Kay French	F	Vet	0:16:14	0:48:06
51	Prudhoe Plodders	C	Lesley Ineson	F	Vet	0:16:21	Lindsey Lockey	F	Vet	0:15:13	Alix Lee	F	Senior	0:16:41	0:48:15
52	Blyth Running Club	C	Julie Lemin	F	Vet	0:15:01	Andrea Wilson	F	Vet	0:17:53	Rachel Joseph	F	Vet	0:15:26	0:48:20
53	Low Fell RC	B	Vicki Spong	F	Vet	0:15:05	Amadora Byworth	F	Vet	0:16:41	Clare Magroath	F	Senior	0:16:38	0:48:24
54	Low Fell RC	A	Wendy Licki	F	Vet	0:16:56	Nicola Robinson	F	Vet	0:16:07	Vicki Halse	F	Vet	0:15:32	0:48:35
55	Claremont Road Runners	C	Clare Kitterick	F	Vet	0:15:16	Julie Dumbleton	F	Vet	0:16:40	Hazel Juggins	F	Vet	0:16:50	0:48:46
56	Crook & District AC	G	Jo Dunn	F	Vet	0:15:49	Natalie Mulholland	F	Vet	0:17:24	Denyse Holman	F	Vet	0:15:41	0:48:54
57	Gateshead Harriers	B	Judith Robinson	F	Vet	0:16:23	Gillian Robinson	F	Vet	0:15:26	Suzy Kelly	F	Vet	0:17:13	0:49:02
58	Morpeth Harriers	A	Claire Calverley	F	Vet	0:13:16	Margaret MacDonald	F	Vet	0:17:58	Pam Woodcock	F	Vet	0:17:52	0:49:06
59	Ashington Hirst RC	B	Natalie McDermott	F	Vet	0:16:01	Claire Armstrong	F	Senior	0:16:34	Dilyara McKay	F	Vet	0:17:02	0:49:37
60	Wallsend Harriers	F	Claire Smith	F	Vet	0:15:39	Zahra Strettle	F	Senior	0:15:38	Kerri Turner	F	Vet	0:18:21	0:49:38
61	Blyth Running Club	E	Claire Mason	F	Vet	0:16:17	Anne Caddock	F	Vet	0:18:15	Sandra Watson	F	Vet	0:15:06	0:49:38
62	South Shields Harriers	D	Amanda Wilson	F	Vet	0:15:55	Sarah Houston	F	Vet	0:16:26	Nichola Hood	F	Vet	0:17:23	0:49:44
63	North Shields Poly	F	Sue Rogers	F	Vet	0:16:03	Alison Ainsley	F	Vet	0:17:03	Joan O'Neill	F	Vet	0:17:35	0:50:41
64	Claremont Road Runners	D	Tara Hipwood	F	Vet	0:16:48	Ay Okpokam	F	Vet	0:16:55	Marie Slack	F	Vet	0:17:38	0:51:21
65	Blaydon Harriers	D	Nicola Perry	F	Vet	0:16:54	Elaine Rudman	F	Vet	0:17:24	Chris Hargreaves	F	Vet	0:17:17	0:51:35
66	Stockfield Striders	B	Catherine Walker	F	Senior	0:15:01	Mary Blanden	F	Vet	0:18:08	Morzenna Marzec	F	Vet	0:18:38	0:51:47
67	Blyth Running Club	A	Lauren Barrett	F	Senior	0:13:22	Michelle Castro	F	Vet	0:17:58	Jill Thompson	F	Vet	0:20:45	0:52:05
68	North Shields Poly	E	Lucy Gibblison	F	Vet	0:18:07	Rebecca Tindle	F	Vet	0:16:33	Julie Herdman-Burns	F	Vet	0:17:52	0:52:32
69	Blaydon Harriers	B	Hannah Perry	F	Senior	0:18:02	Emma McRoberts	F	Senior	0:20:00	Beth Fraser	f	Senior	0:16:13	0:54:15
70	Ashington Hirst RC	C	Dianne Sandford	F	Vet	0:17:13	Rachel Metcalfe	F	Vet	0:18:02	Sarah Handy	F	Vet	0:18:05	0:54:20
71	Tyne Bridge Harriers	E	Claire Wyncarczyk	F	Senior	0:21:37	Gill Parkin	F	Vet	0:15:09	Jess Anderson	F	Vet	0:18:05	0:54:51
72	Blaydon Harriers	E	Emma Lane	F	Vet	0:18:53	Doreen Craig	F	Vet	0:17:35	Emma Johns	F	Vet	0:18:33	0:55:01
73	Prudhoe Plodders	H	Nicola Maclean	F	Vet	0:18:26	Lisa Napier	F	Vet	0:20:27	Sharon Carr	F	Vet	0:17:15	0:56:08
74	Wallsend Harriers	G	Amanda Addison	F	Senior	0:20:33	Yolanda Marshall	F	Vet	0:20:23	Raquel Gileys	F	Vet	0:16:21	0:57:17
75	Prudhoe Plodders	G	Linda Mackenzie	F	Vet	0:17:28	Jane Shipley	F	Vet	0:20:40	Vicky Dodds Williams	F	Vet	0:19:54	0:58:02
76	Prudhoe Plodders	F	Donna Summers-Brenna	F	Vet	0:21:45	Melanie Dunnett	F	Vet	0:17:42	Alison Bathie	F	Vet	0:19:53	0:59:20
77	Tyne Bridge Harriers	J	Faye Slade	F	Vet	0:19:44	Sylvia Eggo	F	Vet	0:18:32	Annie Heath	F	Vet	0:21:37	0:59:53
78	Crook & District AC	F	Sharon Hogarth	F	Vet	0:19:46	Sarah Talbot Fairclough	F	Vet	0:20:38	Joanna Wilson	F	Vet	0:19:46	1:00:10
79	Prudhoe Plodders	E	Rachael Charlton	F	Vet	0:33:03	Alex Hughes	F	Senior	0:16:52	Kate Lloyd	F	Vet	0:15:24	1:05:19
80	South Shields Harriers	E	Gill Allison	F	Vet	0:22:20	Terry Marcus	F	Vet	0:18:36	Cheryl Reay	F	Vet	0:27:18	1:08:14
81	Ashington Hirst RC	D	Claire Brush	F	Vet	0:19:07	Susan Hurlbutter	F	Vet	0:24:34	Colette Turner	F	Vet	0:24:37	1:08:18
82	Prudhoe Plodders	I	Linda Hurst	F	Vet	0:42:17	Amanda Fletcher	F	Vet	0:32:59	Helen Boaden	F	Vet	0:34:20	1:49:36
83															
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87	Blaydon Harriers	F	Bernie James	F	Vet	0:18:13									0:18:13
88	Elswick Harriers	E	Sarah Addison	F	Senior	0:15:45	Arabella Pearce	F	Vet	0:12:58					0:28:43
89	Tyne Bridge Harriers	I	Julie Kilcock	F	Vet	0:16:03	Alison Bulman	F	Vet	0:16:51					0:32:54
90	Tyne Bridge Harriers	H	Sara James	F	Vet	0:17:15	Rachel McCracken	F	Vet	0:15:47					0:33:02
91	Gateshead Harriers	C	Liz Paton	F	Vet	0:20:14	Gemma Middlemass	F	Vet	0:24:13					0:44:27
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